

Clare Primary School

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One 01/11/21	Chicken Chow Mein or Steak Burger Gravy Broccoli Florets Baton Carrots Mashed Potatoes Fresh Fruit Selection or Yoghurt	Breast of Chicken Curry & Rice & Naan Bread or Homemade Margherita Pizza Peas Selection of Salads Pasta Twists Potato Shortbread/ Fruit/ Yoghurt	Cheesy Bolo Pasta Bake or Fresh Fish Goujons Tartar Sauce Baked Beans Peas Salad Mashed Potatoes Jelly Pot or Yoghurt or Fruit	Roast Breast Chicken or Chicken Crumble Stuffing Gravy Baton Carrots Cauliflower Cheese Carrot/Parsnip Mashed Potatoes Chocolate Muffin or Yoghurt or Fruit	Chicken Nuggets or Hot Thai Flavored Wrap Selection of Dips Sweetcorn Salad Selection Chips Mashed potatoes Ice Cream Tub or Yoghurt or Fruit
Week Two 08/11/21	Lasagna or Breaded Fish Fingers Baked Beans, Sweetcorn broccoli Florets mashed Potatoes Ice Cream Tub or Yoghurt or fruit	Mac & cheese or Homemade Chicken Goujons Dipping Sauces Salad Chips Mashed Potatoes Jelly Pots or Yoghurt or Fruit	Mexican Enchilada or Oven Baked Sausages Garden Peas Gravy Mediterranean Roasted Vegetable Mashed Potato Selection of Fruit or Yoghurt	Roast Turkey or Chicken Panni Stuffing Cranberry Sauce Gravy Carrot, Carrot/Parsnip Cabbage Chocolate Cookie Fruit Yoghurt	Homemade Vegetable or Chicken Soup & Bread Steak Burger Carrots Gravy or Salmon Fishcake Potatoes Ice Cream or Fruit of Yoghurt
Week Three 15/11/21	Breast Chicken Curry & Rice & Naan Bread or Chicken Broccoli Bake or Chicken Slice Gravy Cabbage Carrots Mashed Potatoes Chocolate Muffin or Yoghurt or Fruit	Chicken Stir Fry & Noodles or Oven Baked Sausages Baked Beans Corn on the Cob Baton carrots Flakemeal Biscuit or fruit or Yoghurt	Roast Chicken or Beef Stew Stuffing Gravy Turnip Baton Carrots Mashed Potatoes Jelly Pots or Fruit or Yoghurt	Spaghetti Bolognese or Fresh Fish in Breadcrumbs or Salmon Fishcake Tartar Sauce Broccoli/Cauliflower Selection of Fruit or Yoghurt	Homemade Cheese Pizza or Spicy Chicken Wrap Salad Bar Sweetcorn Chips or Mashed Potatoes Ice Cream or Fruit or Yoghurt
Week Four 22/11/21	Spaghetti Bolognese Healthy Garlic bread or Breaded Fish Fingers Mixed Veg. Baked Beans Mashed Potato Ice Cream Tub Yoghurt/Fruit	Breast Chicken Curry & Rice & Naan Bread or Steak Burger or Chicken & Cheese Melt Gravy Garden Pea Mixed vegetables Mashed Potato Potato Jelly Pot Yoghurt Fruit	Homemade Chicken Goujons or Chicken Fajita Wraps Selection of Dips Salad Sweetcorn Mashed Potato Hot Pasta Fresh Fruit selection or Yoghurt	Roast Chicken Stuffing Gravy Baton Carrots Broccoli Florets Mashed Potatoes Chocolate Muffin or fruit or Yoghurt	Hot Dog or Ciabatta Pizza Slice Peas Selection of salads Chips or Mashed Potatoes Flakemeal Biscuit or Fruit of Yoghurt

school food

Try Something New today

www.schoolfoodni.com

Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily

If you require any additional Information on allergens or Special diets please contact the school in the first instance

